



Merry
Christmas

FROM OUR FAMILY TO YOURS!



To all our LOJ family,

On this Christmas Day, I want to thank you for journeying along with us, with me, with this cause. **Below are just a few highlights from the year** that you helped to make possible -- indeed bringing many crucial conversations, healing moments, life-saving training, and tangible resources to our community members.

Thank you for all your support, in the many different ways you have gifted it. I am so very grateful for you -- and pray that all of you are blessed with newfound hope, wisdom in your paths, and abundant blessing as you ride out the last of these holidays and welcome a new year. God's grace and peace to you and yours! ☺☺☺

In hope and gratitude,
Founder & ED, Joy Cortina

Special Note: If anxiety, depression or thoughts of suicide are hitting home for you or someone you know, please see the crisis and community resources linked further below.

2022 Highlights!



The GOOD of our 2022!!

Online Hub PHASE 1

Our long-awaited online hub for Anne Arundel County is officially in the making! This comprehensive directory of vetted providers and partner support programs is the first major phase to our own integrative care protocol!

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Other Community ACTIVITIES

- 2nd Annual Life of Joy Day - EXPANDED!
- 1st Soul Shop - Faith-Based Suicide Prevention Training
- 6 Community Talks
- Rise Up Gratitude Challenge
- Mental Health First Aid Training
- Monthly Teen Support Group
- Monthly Teen Socials
- Out of the Darkness Walk
- 3 Year Ribbon Cutting

Songs of Hope COMMUNITY EVENT

- 80+ Attendees
- 16 Local Resources
- Encouraging Music
- Powerful Testimonials
- 1st Collaborations with Big Infinite & Annapolis
- Music Therapy
- Healing Connection

Revenue
\$26K

Community GROWTH



[CLICK HERE TO SEE ENLARGED IMAGE & OUR 2022 HIGHLIGHTS SLIDE SHOW!](#)

Hope Campaign Closeout!

As the year comes to a close, our **Fall Hope Campaign** is in its last days! If you're able to make a year-end contribution, please hop over to our **Facebook Fundraiser** or our **Hope Donation Page** before the 2023 Ball drops -- and consider becoming a monthly **Golden Roots Giver**.

All who donate before year's end will be entered to win a copy of "Journey to the Heart" devotional by Melody Beattie, along with one of our **"Build Your Joy" journals** for the New Year!

[Donate to Facebook Fundraiser](#)

[Donate through Campaign Page](#)

Prayer Warrior Program



Regardless of your faith background, our #LOJprayerteams stand ready to pray for you and even *with* you. Whether it's a physical, mental or spiritual need, for yourself or someone you care about, you can submit prayer requests at any time, or even request your very own prayer warrior for ongoing support through any sort of healing journey or season of trial. Whatever's on your heart, we are here to support you!

Simply visit our [Prayer Support page](#) to make your requests known.

Special Note: If anxiety, depression or thoughts of suicide are hitting home for you or someone you know, please don't go it alone. Search the [MD Psychological Association](#) or [Teen Counseling](#) for professional support, or contact one of these [crisis resources](#). Added support is available here for the [Black community](#) and [LGBTBQ community](#).

Thank you always for your support!

Fostering a holistic approach to mental health and suicide prevention.



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