

LIFE OF JOY FOUNDATION welcomes you to

3rd Annual **Life of Joy Day!**



Spring Rise Up Campaign 

SATURDAY, JUNE 10
11AM - 3 PM
THE CHURCH AT SEVERN RUN
8187 TELEGRAPH ROAD
SEVERN, MD 21144

Full Details at
[LOJDAY2023.EVENTBRITE.COM](https://lojday2023.eventbrite.com)

FREE ADMISSION!
FAMILY-FRIENDLY!
ALL ARE WELCOME!

LET'S BUILD HOLISTIC
MENTAL HEALTH TOGETHER.



@lifeofjoy.fdn

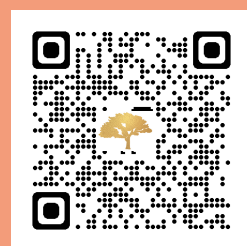
Featuring:

Live Music by Life of Joy Band
LOJ Zone: Life of Joy programs, events, raffles, merch & more!
Resource Zone: local wellness practitioners, mental health professionals & community organizations

Something for Everyone:

Scavenger Hunt | Kickball | Bubble & Coloring Fun
Yoga | Tai Chi | Singing Sound Bowl Bath & More!

#buildyourjoy



Register Now!